

Article - Health Occupations

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§4–206.4.

(a) (1) Except as provided in paragraph (2) of this subsection, a dental hygienist who complies with subsections (e) and (f) of this section may prescribe:

(i) Topical and systemic types of prescription or over-the-counter fluoride preparations;

(ii) Topical antimicrobial oral rinses; and

(iii) Ibuprofen not exceeding 600 mg every 6 hours for up to 3 days after nonsurgical periodontal therapy.

(2) A dental hygienist may not prescribe a drug:

(i) That is classified as a controlled dangerous substance under Title 5, Subtitle 4 of the Criminal Law Article or a controlled substance as defined by 21 U.S.C. § 812; or

(ii) The prescription of which requires a federal Drug Enforcement Agency registration.

(b) Except as provided in subsection (c) of this section, a dental hygienist who complies with subsections (e) and (f) of this section may administer medication, including:

(1) A medication listed under subsection (a)(1) of this section;

(2) Premedication antibiotics by mouth as required for dental treatment;

(3) Subgingival antibiotics and antimicrobials; and

(4) Nonopioid pain medication.

(c) A dental hygienist may not administer a medication:

(1) That is classified as a controlled dangerous substance under Title 5, Subtitle 4 of the Criminal Law Article or a controlled substance as defined by 21 U.S.C. § 812;

(2) The prescription of which requires a federal Drug Enforcement Agency registration; or

(3) Except for local anesthesia administered in accordance with § 4–206.1 or § 4–206.3 of this subtitle, that is administered by intramuscular, subcutaneous, intravenous, or intradermal injection.

(d) A dental hygienist may administer a medication under subsection (b) of this section:

(1) Under a standing order in the patient’s record that is authorized by a supervising dentist; and

(2) If the dental hygienist includes the following information in writing in the patient’s record:

(i) The name of the medication;

(ii) The date and time the medication was administered;

(iii) The route by which the medication was administered; and

(iv) The dosage of the medication that was administered.

(e) A dental hygienist prescribing or administering medication as authorized under this section shall prescribe or administer medication:

(1) Under the general supervision of a licensed dentist;

(2) In compliance with applicable regulations adopted by the Board;
and

(3) In compliance with applicable provisions of Title 12 of this article and Title 21 of the Health – General Article regarding prescription packaging, labeling, and record keeping.

(f) Before prescribing or administering medication as authorized under this section, a dental hygienist shall complete any educational requirements established by the Board under § 4–205(a)(1)(xi) of this subtitle through an accredited dental hygiene program.

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